

# Summer Camps:

## BEGINNER (AGES 5+)

July 11 - 15  
August 8 - 12

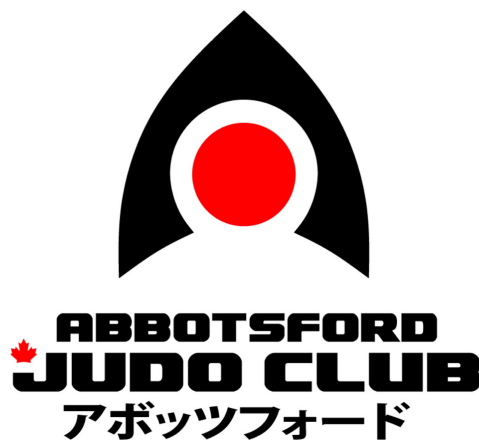
Stay fit, make new friends, and learn the basics of Judo in a safe and fun environment.

## INTERMEDIATE (AGES 7-14) (YELLOW BELT+)

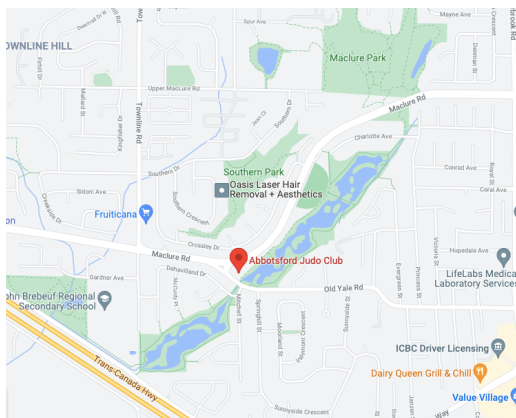
July 25 - 29  
August 15 - 19

Learn intermediate techniques and tactics to take your Judo to the next level!

Monday - Friday  
Drop off: 2:00pm  
Pick up: 5:00pm  
Cost: \$100 per week  
(includes camp t-shirt)



**31410 MACLURE ROAD  
ABBOTSFORD, BC**



**SUMMER  
JUDO CAMPS**  
ABBOTSFORD JUDO CLUB



**"If there is effort,  
there is always  
accomplishment.."**

**JIGORŌ KANŌ**

Founder of Judo (1882)

## About us

Here at the Abbotsford Judo Club, we believe that the sport of Judo is about more than just producing great athletes; it is also about producing good people. With this concept in mind, our primary goal since 1981 has been to bring the sport of Judo and an understanding of the principles that guide it to Abbotsford and the surrounding communities. Throughout all of our classes, we have worked to create a safe and welcoming environment where students can develop the skills they need to succeed in this sport while also developing a sense of self-confidence, a respect for others, and lasting friendships with their fellow students.

## Why Try Judo?

- Safe, fun, and welcoming environment.
- Great mental and physical exercise.
- Build long-lasting friendships while developing confidence and respect.



## Register Today!

**FREE CAMP T-SHIRT**

**604 852 8014**

[info@abbotsfordjudo.com](mailto:info@abbotsfordjudo.com)

**[www.abbotsfordjudo.com](http://www.abbotsfordjudo.com)**